



THE TRAINING TRIBUNE

Edition - SEVEN

Welcome Back to The Training Tribune!

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Volleyball is played around the world. In an effort to make you sound more “worldly”, here’s a list of how to say volleyball in many different languages.

If you want more info, just click on the link below.

Portuguese: voleibol

Chinese: 排球

Czech: volejbal

Danish: volleyball

Dutch: volleybal

Finnish: lentopallo

French: volley

German: Volleyball

Italian: pallavolo

Japanese: バレーボール

Korean: 배구

Polish: siatkówka

Romanian: volei

Russian: волейбол

Spanish: vóleibol

[https://
www.collinsdictionary.com/
dictionary/english/
volleyball](https://www.collinsdictionary.com/dictionary/english/volleyball)

—Just click the link above and scroll down that page to hear the different languages spoken.

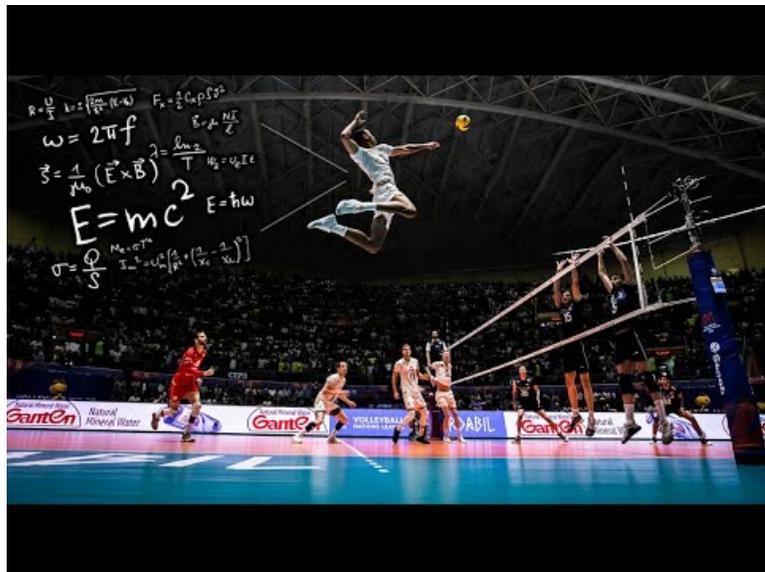
Crazy Crazy Crazy

Ok, for this article, we are going to take a break from training and have some fun.

Here is a video of several FIVB international matches where you will see some very mind-blowing plays. Raise your hand if you’ve ever been to an international match.

The FIVB has some unique signals that are a little different from high school and college signals.

You might see some differences during these awesome plays *if you watch carefully.* 🧐



If you watch closely at the 08:40 mark, you will see a recent FIVB experiment: instead of working with FOUR line judges for international matches, there are just TWO...but they are positioned in the middle of the end lines!!





**Did You Know
As A Referee, You
Have Two Chances to
Make A Good
Impression?**

**Don't Miss Your
Opportunity !!**

Physiologists say that it take less than ONE SECOND for someone to make an impression of how you are as a person! Let's make sure we use all our abilities to make sure that impression is a positive one!

- **Confident, not arrogant**
- **Uniform is clean!!!**
- **Uniform is wrinkle-free!**
- You have left the day's problems outside the gym.
- You speak in quiet, confident tones to everyone
- **You help out your crew at every opportunity.**
- You realize someone in the crew or the audience is using YOU as a role model, and you act accordingly (!)

Here is an article from Referee™ to tell you even more about the impression you make.



<https://www.referee.com/you-have-two-shots-to-look-good/>

DON'T LET YOUR CREW LEAVE YET !

Debriefing after a match is a critical part of the match itself. In past newsletters, we have discussed the importance of a pre-match conference with your crew. Equally as important, is the post-match conference.

Instead of walking directly from the court to your car after a match experienced referees stop, breathe, find a place away from coaches and fans...and **talk with your partner** (and include the line judges if at all possible).

We might **strongly suggest** that you write these down (lamination anyone ?!) and take the list to your next match to discuss in the

POST-MATCH DEBRIEFING:

- What are 2 things went well during the match?
- What still needs improvement?
- How was eye contact between referees?
- How did the line judges do?
- Were there problems with the coaches?
- Were there problems with the scorekeepers?
- Were there problems with the fans or band ?
- Was event management always available?
- Were there any injuries & were they handled?
- How could the R1 have helped the R2 better?
- How could the R2 have helped the R1 better?
- Any situations we need to tell our assigner?

To help with this even more, here is a link to Referee Magazine's great article on the post-match debriefing:

<https://www.referee.com/post-game-discussion-strategies/>



THE VIEW FROM THE BENCH

A questionnaire was sent out recently to many high school coaches asking some specific questions about referees, training, and expectations.

Here are some of the questions and answers from a variety of coaches. In upcoming editions of the newsletter, we will be sharing other comments from coaches. I have **bold-faced and underlined** the parts that you should take to heart!

1. If you were in charge of training referees for the upcoming season, what TWO areas would you focus on and why ? I would train them on the **definition of what a double hit is** and what the responsibilities are for the up ref versus the down ref and who can make what call.

2. What is one thing that you wish a referee would do better during a match ? I would like referees to be better at **communicating with one another** on difficult calls, as well as watching the line judges for calls that are clearly in or out.

3. When you talk with an R2 about a play during a match, how can they be better listeners ? I think refs should be open-minded to hear our position and consider what we say to make the correct call **instead of shutting us down right away**. At the same time, we as coaches all need to approach refs in a respectful manner as not all coaches do this.

4. The biggest thing that bothers me about some refs during a match is: When a call is made and we question how they reached that decision, they don't provide a valid explanation. Please just tell us how you arrived at that call.

5. What attributes about an official gives you confidence in them ? If a ref is going to call double hits, do it for both sides. If not, don't call it for either side. If they call out of rotation for one side, watch it for both sides. **Consistency is key and willing to listen to the coaches & captains for any call disputes.**



STICKY SITUATIONS FROM THE HIGH SCHOOL CASE BOOK



12.2.1 SITUATION B: A person who is neither a player, coach, manager, certified athletic trainer nor physician for Team R, but who is seated on the team bench, behaves in an unsporting manner. **RULING:** Yellow or red card issued for unsporting conduct, loss of rally/point. **COMMENT:** There is no specific rule regarding who may sit on the team bench (9-1-1), but anyone seated on the bench is subject to rules governing team conduct. When the person at fault cannot be identified, the card is issued to the head coach. **If a red card is issued, the head coach may no longer stand for instruction during play. (12-2 PENALTIES)**

SITUATION — The head coach of Team B turns in the lineup sheet and, in error, has listed a number for the libero that no team member is wearing. The coach may change the listed libero number to the legal libero number. No penalty is assessed. **RULING:** Correct procedure. **COMMENT:** The clerical error can be corrected, and the libero may be used in the set. [7-1-4(2)]

