



THE TRAINING TRIBUNE

Edition - FOUR

Welcome Back To The Training Tribune!

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Walking the Path to Better Communication

*We earn our living as refs adjudicating a match as fairly as possible, while trying to be a MODEL of good communication – both with **our clear signals** and with our **words** to coaches, players, and fellow officials.*

Here is a super article from Referee Magazine™ that highlights the proper steps toward enhancing YOUR communication skills.

[https://
www.referee.com/8-
steps-better-
communication/](https://www.referee.com/8-steps-better-communication/)

Hey, My Rule Book Doesn't Mention That !!

Our rule books are a great source of information and clearly spell out the rules-of-the-game. But do they cover every situation ?

Are there times that common sense SHOULD prevail over the black-and-white written rule ?

Here is a really GREAT article from Referee Magazine™ that shows us some unwritten rules of officiating. This article isn't volleyball specific; instead, it is an overview of all sports.

[https://www.referee.com/16-
unwritten-rules-of-officiating/](https://www.referee.com/16-unwritten-rules-of-officiating/)

Do you **REALLY** know the rules?

I definitely don't mean: Can you recite chapter and verse? I am going to assume **each** of you have read the rule book many, many times!

I mean **when** the correct rule **should** be applied and **how** the rule needs to be applied in certain situations.

Sometimes, things aren't always black-and-white.





What do you do BEFORE a match ?

How do you get yourself MENTALLY and PHYSICALLY ready for a match?

*Even if you must rush straight from work to a match, it is **absolutely critical** that you take some time and set the day's activities aside and **focus on your job at hand.***

Here is an interesting look at the day-in-the-life of a FIVB International Volleyball Referee.



— PREVENTATIVE OFFICIATING —

Sometimes, the things we do will make or break confidence in an officialwithout even blowing a whistle.

An informative or helpful word to a coach, a line judge, or a scorekeeper can often pay off big dividends later in the match.

Here is an interesting **video discussion** on preventative officiating.

It is from the **NASO Summit** that you might have seen before. If you have already registered for this website (**it's FREE**), you are all set to watch this 20 minute discussion on what we can do to **HELP OURSELVES** during a match!

<https://www.sportsofficiatingsummit.com/athome/sessions/sport-session-volleyball-art-of-preventive-officiating/>

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From Another Perspective :

“The Assigner”

Do you ever wonder what goes through the mind of an assigner while they are making out the schedule?

Have you ever wondered why another ref got the assignment that YOU really wanted?

Have you ever wanted to ask an assigner why YOU got an assignment over a more experienced official?

Take a look at this video from the Sports Officiating Summit. If you haven't registered yet (free & easy!!), where have you been? **TONS** of great stuff on this site!

Marcia Alterman, Women's volleyball conference coordinator of officials for the Big Ten, Big East, AAC, Conference USA, Horizon and MAC moderates a panel discussion on all things related to the assigner.

This is really good stuff because it will give you a peak “behind the curtain”!

<https://www.sportsofficiatingsummit.com/athome/sessions/2018-the-assigners-impact/>

After watching this, I am sure you'll agree that being an assigner is often times a thankless job.

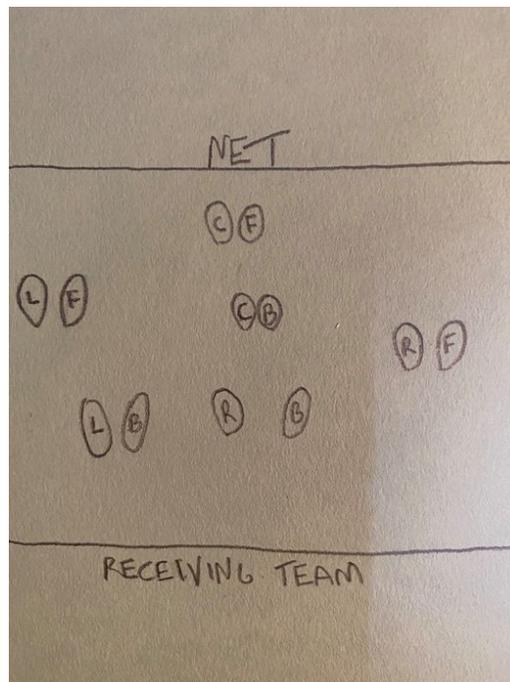
Have YOU thanked YOUR assigner yet ?



STICKY SITUATIONS FROM THE HIGH SCHOOL CASE BOOK



Although this week's puzzle is not directly from any casebook, it came from a fellow referee asking for a "what would you do" response if you saw this alignment as an R2....



Legal ? Illegal? Would you blow your whistle? Warn the coach? Warn the players? Are there times when you should or should not **warn** a team?

I challenge you to have a conversation with a fellow official and ask them what would THEY do? Extra credit points if you ask more than one official !
Prizes given out for the most points !

(Just kidding...can you imagine if I were to do that? Keep dreaming...I'm not giving out prizes....except for the cool prize of next week's newsletter !!)

